

Westwood Dynamic Limited

Course Syllabus/Content

WD-UK Level 4 (UK Qualifications Framework – Health and Social care)

(Credits 120)

Revised Modules	Contact hours (Full-Time)	Contact hours (Part-Time)	Assessment	Teaching Methods	Passing Mark
Health and Social Care Management	50	50	Assignment Based	Classroom Lectures & Online	50%
Mental Health and Wellbeing	50	50	Assignment Based	Classroom Lectures & Online	50%
Ethics and Professionalism in Care	50	50	Assignment Based	Classroom Lectures & Online	50%
Sociology of Health and Illness	50	50	Assignment Based	Classroom Lectures & Online	50%
Managing Quality in Health and Social Care	50	50	Assignment Based	Classroom Lectures & Online	50%

Westwood Dynamic Limited

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Supporting Individuals with Specific Needs	50	50	Assignment Based	Classroom Lectures & Online	50%
Public Health and Health Promotion	50	50	Assignment Based	Classroom Lectures & Online	50%
Research Methods in Health and Social Care	50	50	Assignment Based	Classroom Lectures & Online	50%
Palliative Care and End-of-Life Issues	50	50	Assignment Based	Classroom Lectures & Online	50%
Contemporary Issues in Social Care	50	50	Assignment Based	Classroom Lectures & Online	50%

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Subject	Health and Social Care Management								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the principles and practices of management within health and social care organizations. 2. To explore the role of leadership, governance, and strategic planning in ensuring effective service delivery and quality improvement. 3. To develop students' knowledge and skills in managing human resources, finances, and operations in health and social care settings. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To introduce students to the concepts and theories of management and their application in health and social care contexts. 2. To explore the roles and responsibilities of health and social care managers, including leadership, decision-making, and problem-solving. 3. To examine the principles of governance, quality assurance, and risk management in health and social care organizations. 4. To develop students' understanding of strategic planning, change management, and innovation in health and social care settings. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the principles and theories of management and their application in health and social care. 2. Identify and analyze the roles and responsibilities of health and social care managers, including leadership and decision-making. 3. Evaluate the principles of governance, quality assurance, and risk management in health and social care organizations. 4. Develop strategic planning skills and apply change management principles to improve service delivery and organizational performance. 5. Manage human resources effectively, including recruitment, training, performance management, and employee relations. 								
Credit Points:	12 credit points								
Assessment	<ul style="list-style-type: none"> ▪ Assignment based 								
Teaching Mode (Full-Time)	<table style="width: 100%; border: none;"> <tr> <td style="padding-right: 20px;">Lectures:</td> <td>60 hours</td> </tr> <tr> <td>Tutorials/workshop:</td> <td>30 hours</td> </tr> <tr> <td>Private Study:</td> <td>30 hours</td> </tr> <tr> <td>Total:</td> <td>120 hours</td> </tr> </table>	Lectures:	60 hours	Tutorials/workshop:	30 hours	Private Study:	30 hours	Total:	120 hours
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Total:	120 hours								

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Subject	Mental Health and Wellbeing
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with a comprehensive understanding of mental health and wellbeing across the lifespan. 2. To explore the factors that influence mental health, including biological, psychological, social, and environmental determinants. 3. To examine common mental health disorders, their symptoms, prevalence, and evidence-based interventions. 4. To promote awareness, reduce stigma, and encourage help-seeking behavior for mental health concerns. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To introduce students to the concept of mental health and wellbeing and its importance in overall health and quality of life. 2. To explore the biopsychosocial model of mental health and the interplay between biological, psychological, social, and environmental factors. 3. To examine the prevalence, risk factors, and protective factors associated with common mental health disorders, such as anxiety, depression, schizophrenia, and bipolar disorder. 4. To promote awareness and understanding of mental health stigma and its impact on individuals accessing mental health services.
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the concept of mental health and wellbeing and its significance in overall health. 2. Identify and analyze the factors that influence mental health, including biological, psychological, social, and environmental determinants. 3. Describe the prevalence, risk factors, and protective factors associated with common mental health disorders. 4. Evaluate evidence-based interventions and treatment approaches for mental health disorders. 5. Recognize and challenge mental health stigma and its impact on individuals accessing mental health services.
Credit Points:	12 credit points
Assessment	<ul style="list-style-type: none"> ▪ Assignment based
Teaching Mode (Full-Time)	<p>Lectures: 60 hours Tutorials/workshop: 30 hours Private Study: 30 hours Total: 120 hours</p>

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Subject	Ethics and Professionalism in Care								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To introduce students to the ethical principles and professional standards that guide practice in health and social care. 2. To explore ethical dilemmas and challenges commonly encountered in care settings and develop strategies for ethical decision-making. 3. To foster professionalism, integrity, and accountability among students in their roles as care providers. 4. To examine the importance of upholding confidentiality, respecting autonomy, and promoting dignity and rights of individuals receiving care. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the ethical principles that underpin practice in health and social care, including autonomy, beneficence, non-maleficence, and justice. 2. To explore the application of ethical principles in addressing dilemmas related to consent, confidentiality, end-of-life care, and resource allocation. 3. To analyze the role of professionalism, integrity, and accountability in maintaining trust and confidence in care delivery. 4. To examine the importance of respecting autonomy, promoting dignity, and upholding the rights of individuals receiving care. 5. To discuss the implications of cultural, religious, and personal values in ethical decision-making and care provision. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the ethical principles that guide practice in health and social care. 2. Identify and analyze ethical dilemmas commonly encountered in care settings and apply ethical decision-making frameworks to resolve them. 3. Demonstrate professionalism, integrity, and accountability in their roles as care providers. 4. Respect autonomy, promote dignity, and uphold the rights of individuals receiving care. 5. Consider the influence of cultural, religious, and personal values in ethical decision-making and care provision. 								
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Subject	Sociology of Health and Illness								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To introduce students to the sociological perspectives on health, illness, and healthcare systems. 2. To explore the social determinants of health and their impact on health disparities and healthcare outcomes. 3. To examine the influence of social structures, institutions, and ideologies on health beliefs, behaviors, and experiences. 4. To foster critical thinking and analysis of the social, cultural, and political factors shaping health and illness in society. 5. To promote awareness of sociological theories and research methods relevant to the study of health and illness. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the sociological concepts of health, illness, and healthcare, and their relevance to understanding society. 2. To explore the social determinants of health, including socioeconomic status, education, employment, gender, race, and ethnicity, and their impact on health outcomes. 3. To analyze the role of social structures, such as family, community, and healthcare institutions, in shaping health beliefs, behaviors, and experiences. 4. To examine the influence of cultural norms, values, and ideologies on health practices and perceptions of illness. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain sociological concepts of health, illness, and healthcare, and their significance in understanding society. 2. Identify and analyze social determinants of health and their impact on health disparities and healthcare outcomes. 3. Analyze the role of social structures, institutions, and ideologies in shaping health beliefs, behaviors, and experiences. 4. Evaluate the influence of cultural norms, values, and ideologies on health practices and perceptions of illness. 								
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Subject	Managing Quality in Health and Social Care								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the principles and strategies for managing quality in health and social care services. 2. To explore the importance of quality improvement, patient safety, and regulatory compliance in delivering high-quality care. 3. To develop students' knowledge and skills in implementing quality management systems and processes in health and social care settings. 4. To promote a culture of continuous improvement and excellence in health and social care provision. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the concept of quality in health and social care and its significance for patient outcomes and satisfaction. 2. To explore the principles of quality improvement, including plan-do-study-act (PDSA) cycles, root cause analysis, and continuous monitoring and evaluation. 3. To examine the role of regulatory bodies, accreditation standards, and quality frameworks in ensuring compliance and driving quality improvement in health and social care. 4. To analyze the importance of patient safety, risk management, and adverse event reporting in maintaining quality and minimizing harm in care delivery. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the concept of quality in health and social care and its importance for patient outcomes and satisfaction. 2. Apply principles of quality improvement to identify areas for improvement and implement changes to enhance service quality. 3. Evaluate the role of regulatory bodies, accreditation standards, and quality frameworks in driving quality improvement and ensuring compliance. 4. Assess and manage risks to patient safety and minimize harm through effective risk management and adverse event reporting processes. 								
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Subject	Supporting Individuals with Specific Needs								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the diverse needs and experiences of individuals with specific needs in health and social care settings. 2. To explore the principles of person-centered support and empowerment in meeting the needs of individuals with specific needs. 3. To develop students' knowledge and skills in assessing, planning, and delivering tailored support to individuals with specific needs. 4. To promote awareness of legal and ethical considerations, rights, and advocacy issues relevant to supporting individuals with specific needs. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the concept of specific needs in the context of health and social care and identify common types of specific needs, including physical, sensory, intellectual, and developmental disabilities. 2. To explore the experiences, challenges, and strengths of individuals with specific needs and their families, including barriers to accessing services and social inclusion. 3. To examine the principles of person-centered support, empowerment, and dignity in meeting the individualized needs and preferences of individuals with specific needs. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and identify common types of specific needs in health and social care settings. 2. Recognize the diverse experiences, challenges, and strengths of individuals with specific needs and their families. 3. Apply principles of person-centered support, empowerment, and dignity in meeting the individualized needs and preferences of individuals with specific needs. 4. Conduct holistic assessments, identify support needs, and develop personalized care plans in collaboration with individuals and their families. 5. Demonstrate cultural competence, sensitivity, and inclusion in working with individuals from diverse backgrounds and communities. 								
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Subject	Public Health and Health Promotion								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the principles and concepts of public health and health promotion. 2. To explore the determinants of health and the impact of social, economic, and environmental factors on population health outcomes. 3. To examine strategies and interventions aimed at promoting health, preventing disease, and reducing health inequalities at the population level. 4. To develop students' knowledge and skills in designing, implementing, and evaluating public health programs and health promotion campaigns. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the scope and objectives of public health and health promotion and their significance in improving population health outcomes. 2. To explore the social determinants of health, including socioeconomic status, education, employment, housing, and environmental factors, and their impact on health disparities. 3. To examine the principles and models of health promotion, including the Ottawa Charter for Health Promotion and the socio-ecological model, and their application in addressing public health issues. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the scope and objectives of public health and health promotion and their significance in improving population health outcomes. 2. Identify and analyze social determinants of health and their impact on health disparities and inequalities. 3. Apply principles and models of health promotion to design, implement, and evaluate public health programs and health promotion campaigns. 4. Utilize health education, health communication, policy development, and community mobilization strategies to promote health and prevent disease. 5. Analyze contemporary public health issues and challenges and propose evidence-based interventions and policies to address them. 								
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Subject	Research Methods in Health and Social Care								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the principles and methods of research in health and social care. 2. To develop students' knowledge and skills in conducting research, including designing studies, collecting and analyzing data, and interpreting findings. 3. To explore ethical considerations and best practices in research involving human subjects in health and social care settings. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To introduce students to the principles of research and the research process, including formulating research questions, selecting research designs, and developing research proposals. 2. To explore quantitative and qualitative research methods commonly used in health and social care research, including surveys, experiments, interviews, focus groups, and observational studies. 3. To develop students' skills in research methodology, including sampling techniques, data collection methods, and data analysis procedures. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. . Describe the principles and stages of the research process and apply them to formulate research questions and develop research proposals. 2. Evaluate different research designs and methodologies, including quantitative and qualitative approaches, and select appropriate methods for specific research questions. 3. Demonstrate proficiency in research methodology, including sampling techniques, data collection methods, and data analysis procedures. 4. Apply ethical principles and regulatory requirements in research involving human subjects, including obtaining informed consent and protecting participants' rights. 5. Critically appraise research literature and assess the validity, reliability, and generalizability of research findings. 								
Credit Points:	12 credit points								
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Subject	Palliative Care and End-of-Life Issues								
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To provide students with an understanding of the principles and practices of palliative care for individuals with life-limiting illnesses. 2. To explore the physical, psychological, social, and spiritual aspects of end-of-life care and support. 3. To develop students' knowledge and skills in providing compassionate and holistic care to individuals and their families facing end-of-life issues. 4. To promote awareness of ethical considerations, cultural competence, and communication skills in end-of-life care. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To define and explain the principles and goals of palliative care and its role in improving the quality of life for individuals with life-limiting illnesses. 2. To explore the physical symptoms and psychosocial issues commonly experienced by individuals at the end of life and strategies for symptom management and comfort care. 3. To examine the psychosocial and spiritual needs of individuals and their families facing end-of-life issues and provide support and counseling. 4. To develop students' communication skills in discussing prognosis, treatment options, advance care planning, and goals of care with individuals and their families. 								
Learning Outcomes	<ol style="list-style-type: none"> 1. Define and explain the principles and goals of palliative care and its importance in improving quality of life for individuals with life-limiting illnesses. 2. Identify and manage physical symptoms and psychosocial issues commonly experienced by individuals at the end of life. 3. Provide compassionate and holistic care to individuals and their families facing end-of-life issues, addressing physical, psychological, social, and spiritual needs. 4. Demonstrate effective communication skills in discussing prognosis, treatment options, advance care planning, and goals of care with individuals and their families. 								
Credit Points:	12 credit points								
Assessment	<ul style="list-style-type: none"> ▪ Assignment based 								
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Subject	Contemporary Issues in Social Care
Aims and Objectives	<p>Aims:</p> <ol style="list-style-type: none"> 1. To explore current and emerging issues facing the social care sector and their implications for policy, practice, and service delivery. 2. To critically analyze debates and controversies surrounding key social care issues, including aging populations, mental health, disability rights, and social inequality. 3. To develop students' understanding of ethical, legal, and professional considerations in addressing contemporary social care challenges. 4. To foster innovative thinking and problem-solving skills in responding to complex social care issues. <p>Objectives:</p> <ol style="list-style-type: none"> 1. To identify and examine contemporary issues and trends in social care, such as demographic shifts, changing family structures, and evolving service user needs. 2. To analyze debates and controversies surrounding key social care issues, including access to services, funding constraints, and workforce shortages. 3. To explore the impact of social determinants of health, socioeconomic disparities, and cultural diversity on social care outcomes and inequalities. 4. To discuss ethical dilemmas, legal frameworks, and professional standards relevant to addressing contemporary social care challenges.
Learning Outcomes	<ol style="list-style-type: none"> 1. . Identify and analyze contemporary issues and trends in social care, including demographic changes, evolving service user needs, and funding constraints. 2. Evaluate debates and controversies surrounding key social care issues, considering diverse perspectives and stakeholder interests. 3. Recognize the impact of social determinants of health, socioeconomic disparities, and cultural diversity on social care outcomes and inequalities. 4. Apply ethical principles, legal frameworks, and professional standards in addressing contemporary social care challenges.
Credit Points:	12 credit points
Assessment	<ul style="list-style-type: none"> ▪ Assignment based
Teaching Mode (Full-Time)	<p>Lectures: 60 hours Tutorials/workshop: 30 hours Private Study: 30 hours Total: 120 hours</p>